



moda

Martinique

3 Sisters





Quilter Basics

- Please read all instructions before beginning.
- Label your cut pieces
- All instructions use $\frac{1}{4}$ " seam allowance.
- Press all seams toward dark fabric.

Fabric Cutting

Hint: Heavily spray starch the Background and Main Block fabrics before cutting. This will make the pieces easier to handle.

Main Block:

from EACH of the 16 prints cut:
2-5"x22"

- subcut 8-5"x5" squares
- 2-2½"x22" strips
- subcut 16-2½"x2½" squares
- (scraps will be used for appliqué)

Block & Appliqué Background:

- 16-5" x WOF strips
- subcut 128-5"x5" squares
- 16-2½" x WOF strips
- subcut 256-2½"x2½" squares
- 1-20" x 20" square (appliqué background)

Red Inner Border & Flower Appliqué:

- 8-1" x WOF strips
- 1-11" x 11" square (flower)

Inner Border (light):

- 8-1½" x WOF strips

Final Border (Fabric is Directional)

First cut:

2-8½" x LOF strips for the side borders

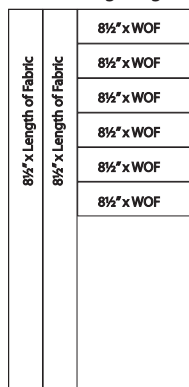
Then cut:

6-8½" x WOF (approx. 25") strips for the top and bottom borders

Binding:

9-2½" x WOF strips

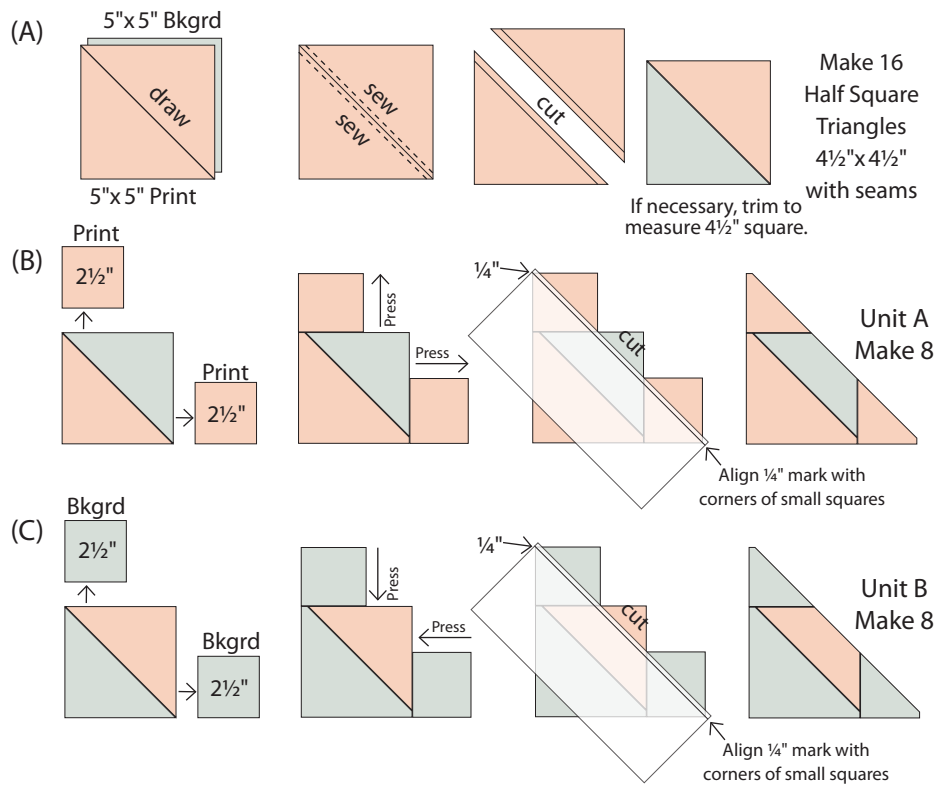
Border Cutting Diagram



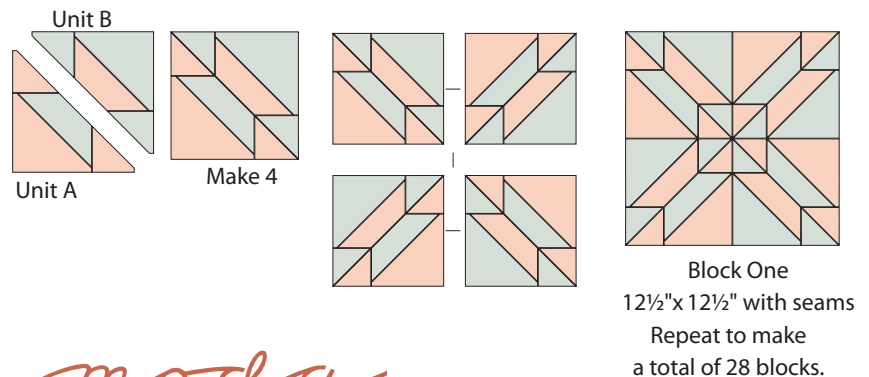
Construction

Repeat Step 1 using each of the 16 prints.

- 1 MAKE THE BLOCK PARTS USING ONE PRINT:** (A) Draw a diagonal line of the back of the 8-5"x5" Print squares. Layer 1-5"x5" Print and 1-5"x5" Background square right sides together. Sew $\frac{1}{4}$ " on each side of the diagonal line. Cut on the diagonal line. Press open toward the Background to make 2 half square triangles. Repeat to make 16 half square triangles. (B) Combine 2-2½"x2½" Print squares and one half square triangle. *See diagram.* Press. Align the $\frac{1}{4}$ " line on your ruler to the corner points of the 2½" squares. Cut. Make 8 of Unit A. (C) Combine 2-2½"x2½" Background squares and one half square triangle. *See diagram.* Press. Align the $\frac{1}{4}$ " line on your ruler to the corner points of the 2½" squares. Cut. Make 8 of Unit B. *Keep the A & B units of the same print together.*

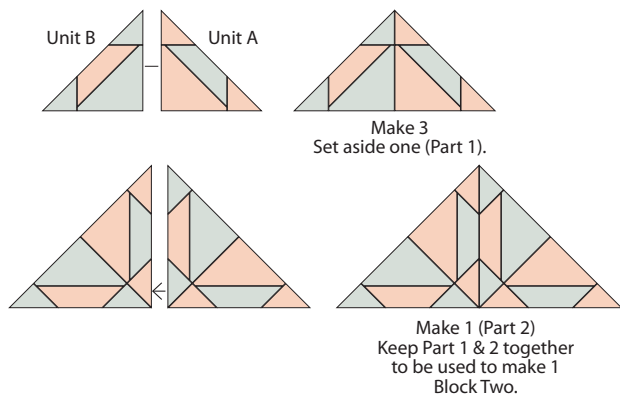


- 2 MAKE BLOCK ONE:** Select 4 Unit As and 4 Unit Bs of the same print. Combine one Unit A and one Unit B. *See diagram.* Make 4. Join the 4 units to make one Main Block One. Repeat to make a total of 28 Block Ones. *Note: The remaining A and B units will be used to make Block Two*

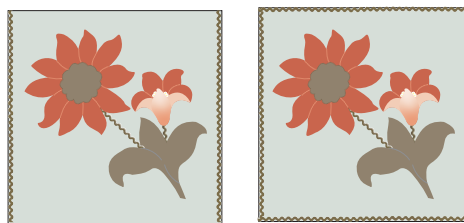


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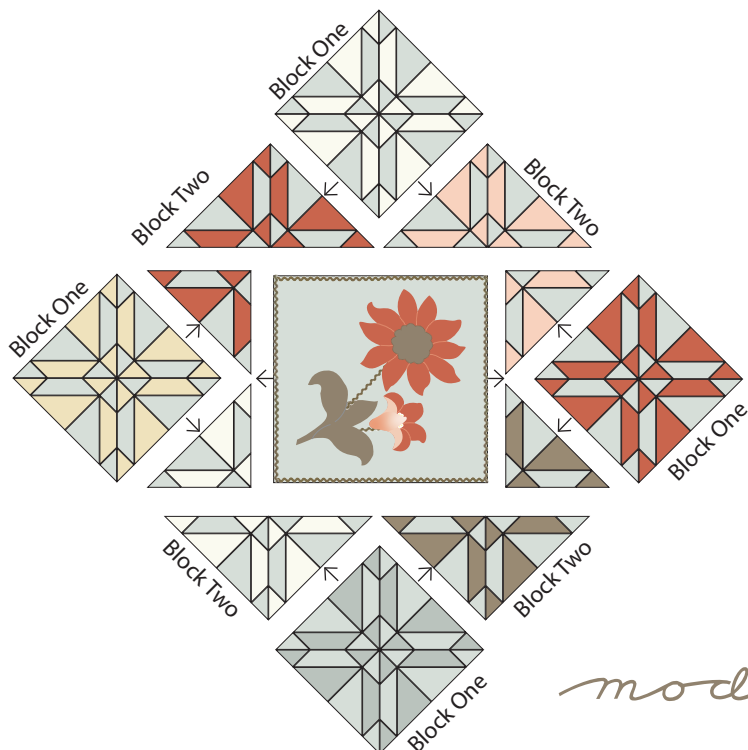
3 MAKE BLOCK TWO: Select 3 Unit As and 3 Unit Bs of the same print. Combine one Unit A and one Unit B. *See diagram.* Make 3. Combine 2 of these units. Keep these parts together. They will be used to make a Main Block Two. Repeat to make a total of 4 Block Twos.



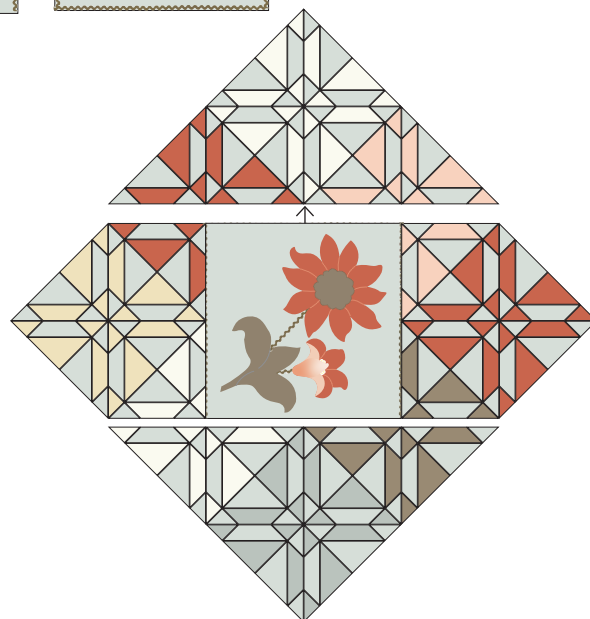
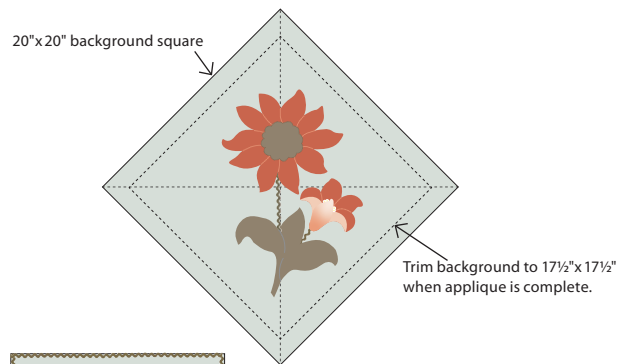
5 ADD RICK RACK: Cut 4 – 17½" pieces of ¾" rick rack. Align edge of rick rack with edge of background block – sides first then top and bottom. Baste in place using a ⅛" seam allowance. *See diagram.*



6 PIECING THE APPLIQUE UNIT: Using 4 Block Ones, the large Appliqué block and all of the Block Two parts, assemble the Appliqué Unit. Press away from center block. *See diagram.*



4 APPLIQUE: Use the enclosed templates and your favorite applique method to applique the center flowers to the 20"x20" background square. The ½" rick rack is used for stems for both flowers and can be used to embellish center of large flower, if desired. Add French knots to center of both flowers. (*Note: Center block is on point.*) When finished, press on wrong side of applique block. Center applique work and trim completed center block to measure 17½"x17½".



Appliqué Unit
Make 1
36½"x36½"
with seams

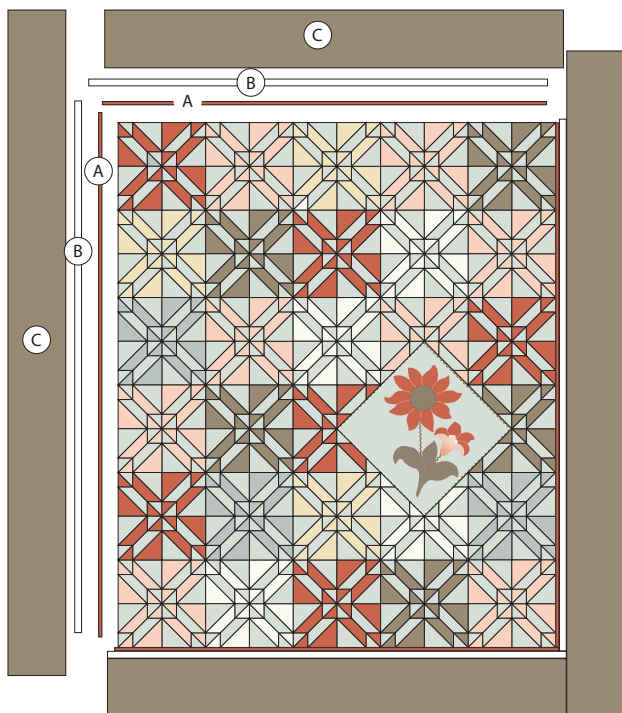
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Assemble Quilt

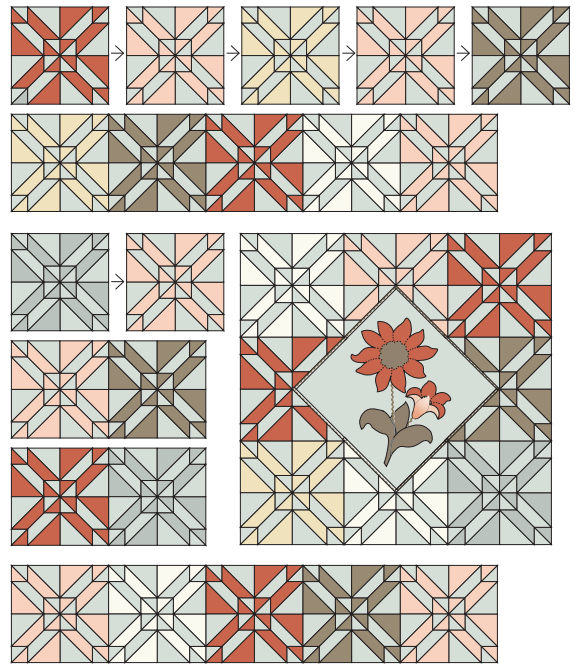
- 7 Use 21 Main Block As and the Appliqué Unit to assemble the quilt top. Arrange and sew blocks together to form rows then join the rows. See diagram.

Borders

- 8 (A) Sew the Red Inner Border strips together using a bias seam. Measure the length of the quilt top through the center. Cut 2–1" Inner Border strips to that measurement and add to side borders of quilt top. Press toward border strip. Measure the width of the quilt top through the center including borders. Cut 2–1" Inner Border strips to that measurement and add to top and bottom of quilt top. Press toward border strip. (B) Repeat steps in Section A to add the 1½" Light Inner Borders quilt top. Press toward the light border. (C) **FINAL BORDER:** First join 3 – 8½"xWOF border strips together using a bias seam. Press seams open. Repeat with 3 additional 8½"xWOF border strips to prepare top and bottom borders. Measure the width of the quilt top through the center including borders. Trim final border strips above to that measurement (approx. 63½") and add to top and bottom of quilt top. Press toward final border strip. Measure the length of the quilt top through the center including border. Trim the 2 – 8½"x Length of Fabric final border strips to that measurement (approx. 91½") and add to sides of quilt top. Press toward final border strip.



Finished Quilt should measure 79"x91"



Finishing

- 9 1. Using a bias seam, join 9 – 2½" wide Binding strips together end to end. Press seams open. Fold prepared strip in half wrong sides together. Press. 2. Cut 2 – ¾" x 79½" pieces of rick rack for the top and bottom of quilt. And 2 – ¾" x 91½" pieces for sides. 3. Before applying binding to finished quilt, align edges of rick rack with quilt and baste to secure. See Step 5.



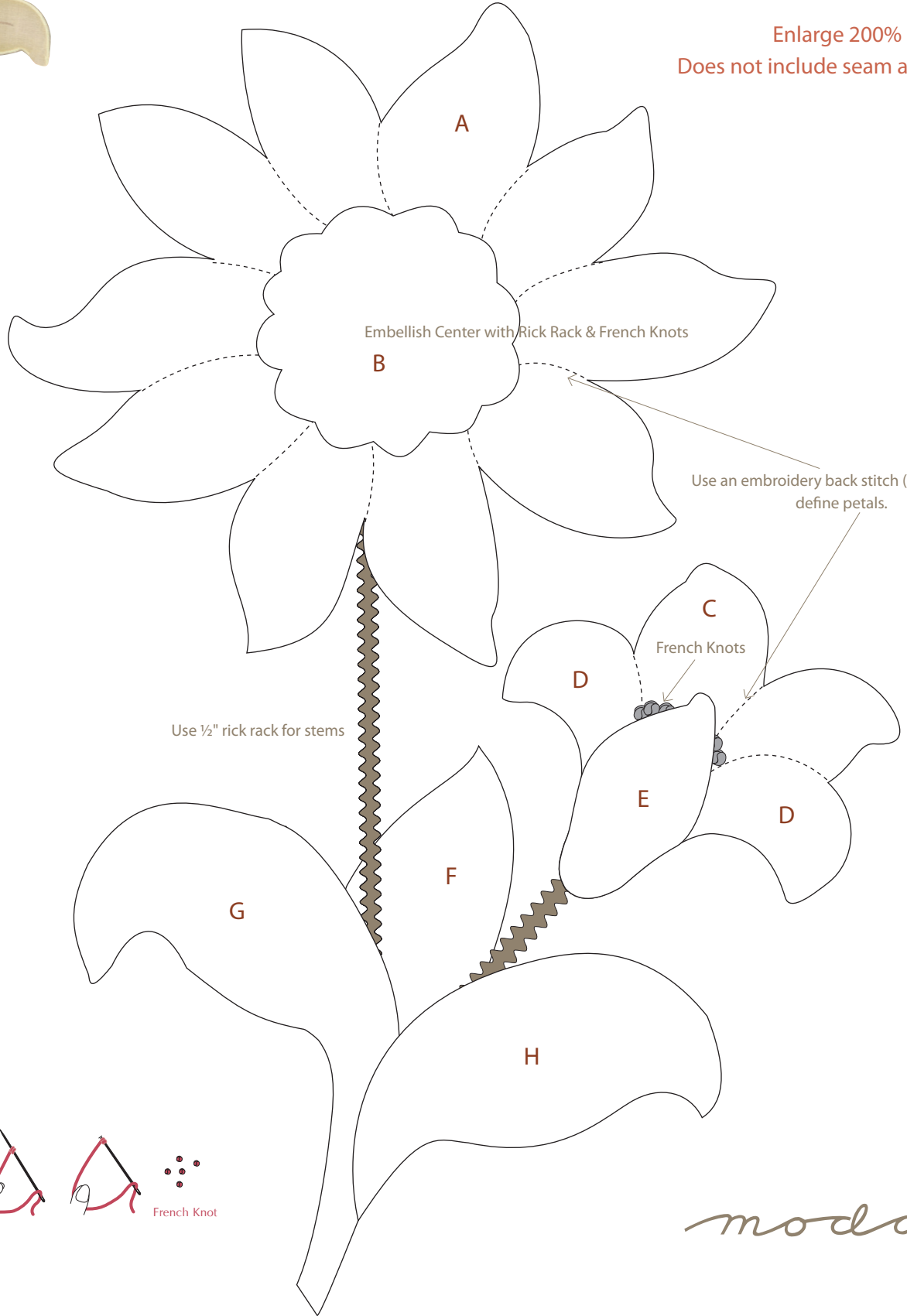
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3 Sisters



Martinique Applique Templates

Enlarge 200%
Does not include seam allowance.



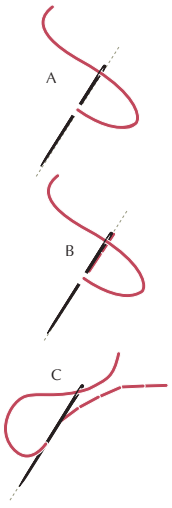
Embellish Center with Rick Rack & French Knots

Use an embroidery back stitch (3 strands) to define petals.

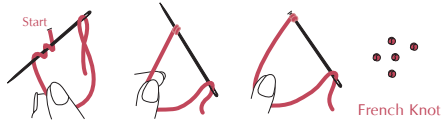
Use 1/2" rick rack for stems

French Knots

Back Stitch



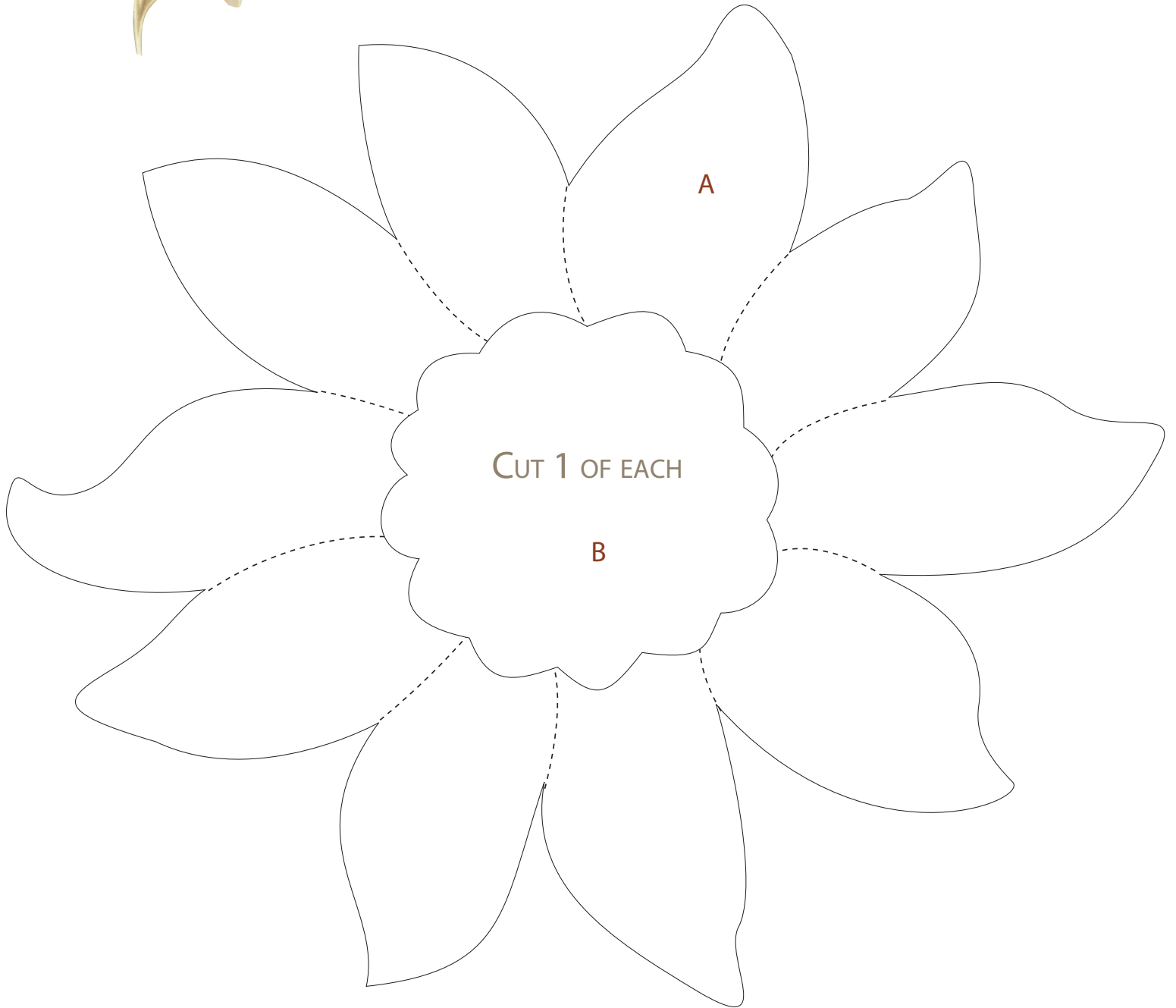
French Knot



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Martinique Applique Templates

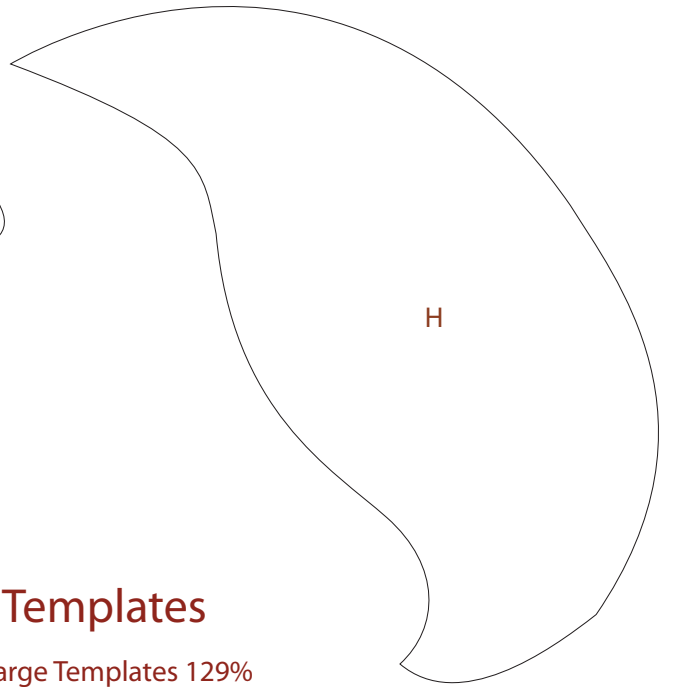
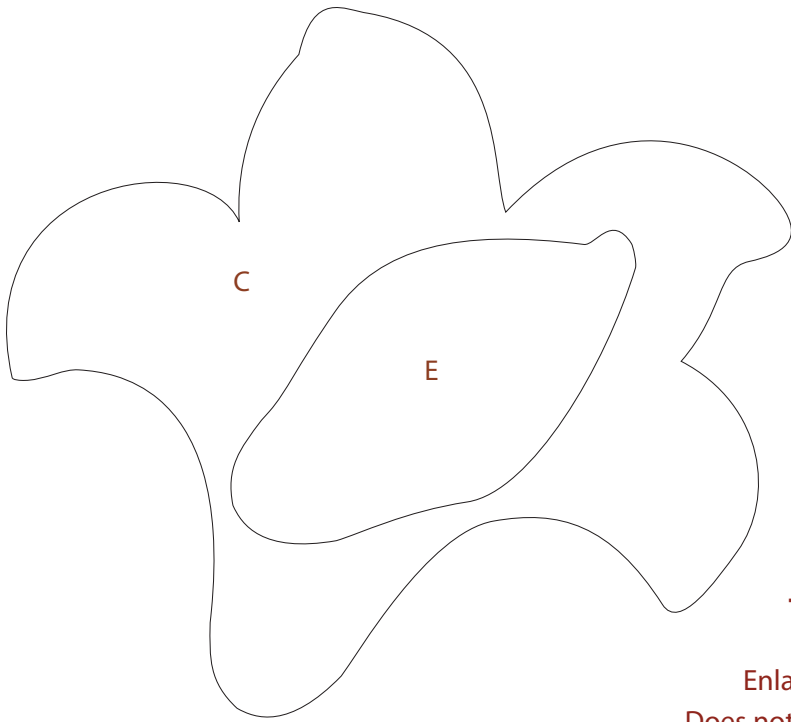


Templates

Enlarge Templates 129%

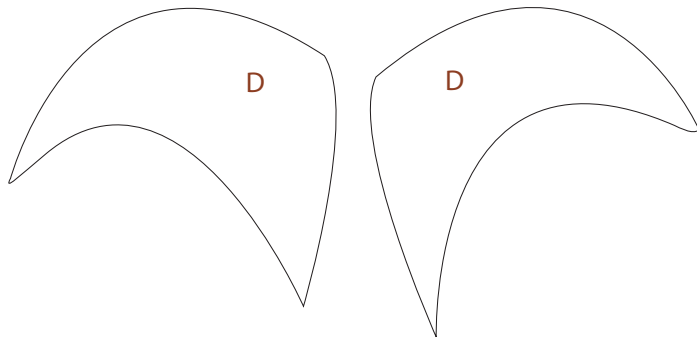
Does not include seam allowance.

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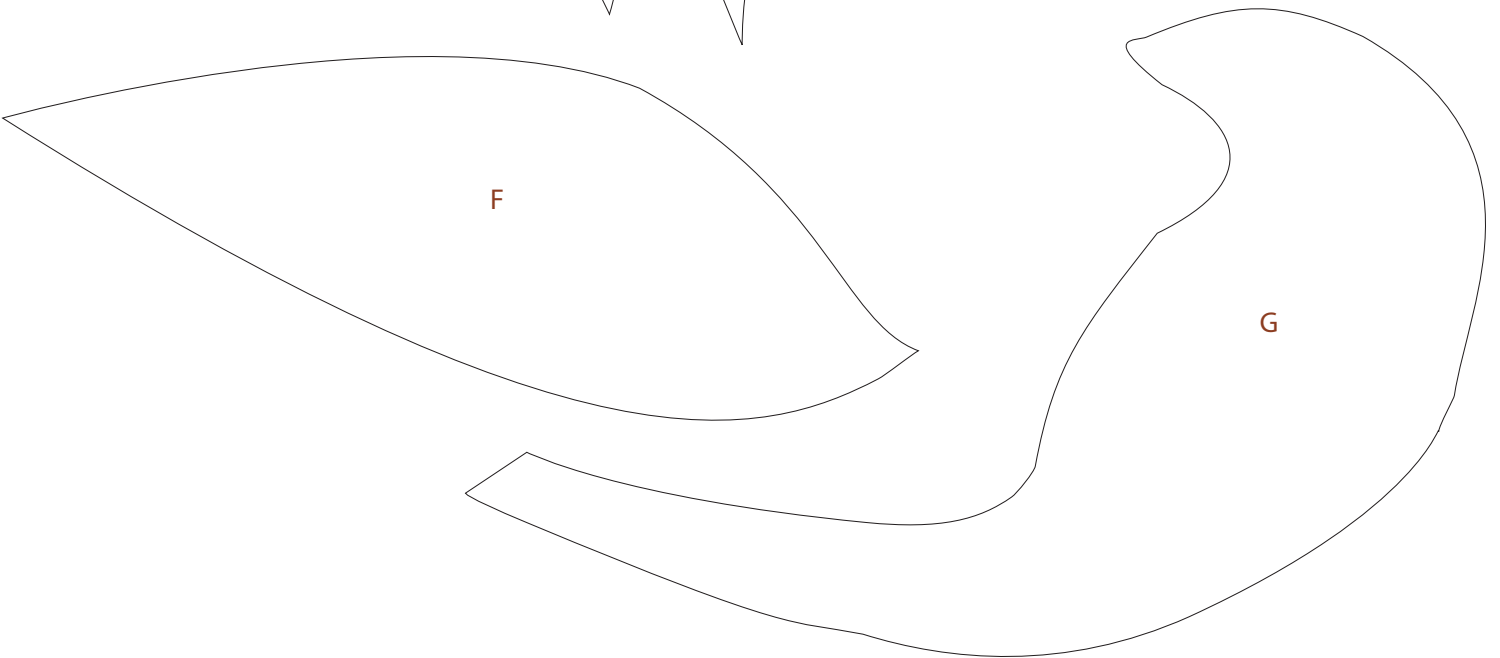


Templates

Enlarge Templates 129%
Does not include seam allowance.



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FINISHED SIZE: 79" x 91"
FINISHED BLOCK SIZE: 12" x 12"

FABRIC REQUIREMENTS:



Block print (1)
#4002 11 Fat quarter



Binding & Block print (11)
#4007 12 1¼ yards



Block print (2)
#4002 12 Fat quarter



Block print (12)
#4007 15 Fat quarter



Block print (3)
#4002 13 Fat quarter



Inner Border
#4007 16 14" x WOF



Block print (4)
#4002 16 Fat quarter



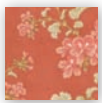
Block & Appliqué Background
#4008 12 4 yards



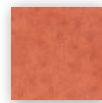
Block print (5)
#4004 13 Fat quarter



Appliqué small flower
& Block print (13)
#4008 13 ½ yard



Block print (6)
#4004 15 Fat quarter



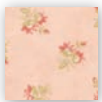
Inner Border, Appliqué Large Flower
Block Print (14)
#4008 15 ⅝ yard



Block print (7)
#4005 11 Fat quarter



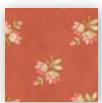
Appliqué leaves & Block print (15)
#4008 16 ½ yard



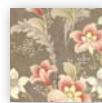
Block print (8)
#4005 13 Fat quarter



Block print (16)
#4010 11 Fat quarter



Block print (9)
#4005 15 Fat quarter



Final Border
#4000 16 2⅝ yards



Block print (10)
#4005 16 Fat quarter

Backing 6 yards

½" Rick Rack – brown 2 yard

¾" Rick Rack – brown 12 yards



Please note, kit yardage may vary from amounts given on this project sheet.

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PS4000 — SUGGESTED RETAIL \$6.00